

# *The goosefoot in the air of selected Polish cities in 2018*

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## **Abstract:**

This paper presents the course of goosefoot pollination in selected cities of Poland in 2018. The measurements were performed in Białystok, Bydgoszcz, Cracow, Drawsko Pomorskie, Lublin, Olsztyn, Opole, Piotrków Trybunalski, Sosnowiec, Szczecin, Warsaw, Wrocław, and Zielona Góra. Volumetric method with the use of Volumetric Spore Trap (Burkard, Lanzoni) was implemented. In the studied cities in 2018, pollen season of goosefoot started in the third decade of May and ended in the third decade of September. Goosefoot pollen stayed in the air for more than 100 days – 142 days in Sosnowiec and 109 days in Białystok. Maximum daily concentration (26 P/m<sup>3</sup>) was noticed in Białystok, although the lowest – in Cracow (7 P/m<sup>3</sup>). In the majority of the measuring points the highest moment of pollen season was in August. The highest number of pollen grains in 2018 was found in Lublin (478 grains), the lowest – in Cracow (149 grains). The concentration above 10 P/m<sup>3</sup> was very rare, only in Lublin it was this high for 12 days and in Warsaw for 8 days.

**Key words:** allergens, pollen count, goosefoot, 2018

**H**erbaceous plants, which produce strongly allergenic pollen are most importantly grasses and mugwort. Plantain and sorrel pollen belong to the group of a much less allergenic significance.

However goosefoot pollen (same as nettel) doesn't have a very important allergenic significance [1].

Goosefoot (*Chenopodium* L.) belongs to the *Chenopodiaceae* family and it is a common weed

found in whole Europe. In Poland the *Chenopodium* L. genus includes several species, but the most common one is *Chenopodium album* L. [2].

Goosefoot is strongly connected with human and his places of settlement. It is an important component of ruderal habitats. As a common weed it occurs in gardens, orchards, scrap-heaps and edges of fields.

Goosefoot blooms for a long time, from June to August [1], or even October [2], but the concentration of its pollen never reaches high numbers. According to Rapiejko [6] highest concentrations in the atmosphere do not reach above 60 P/m<sup>3</sup>. In comparison nearby plants can reach even 1735 P/m<sup>3</sup>.

The allergenic significance of goosefoot pollen is minor. The goosefoot pollen rarely cause allergy symptoms, but it becomes important for sufferers of advanced pollinosis [3]. Although it may be a risk of cross reactions with allergens of: *Atriplex latifolia*, *Salsola kali* and *Amaranthus retroflexus* [4].

## Aim

The aim of the study was to compare the goosefoot pollen concentration in the air in selected Polish

cities: Białystok, Bydgoszcz, Cracow, Drawsko Pomorskie, Lublin, Olsztyn, Opole, Piotrków Trybunalski, Sosnowiec, Szczecin, Warsaw, Wrocław, Zielona Góra in 2018.

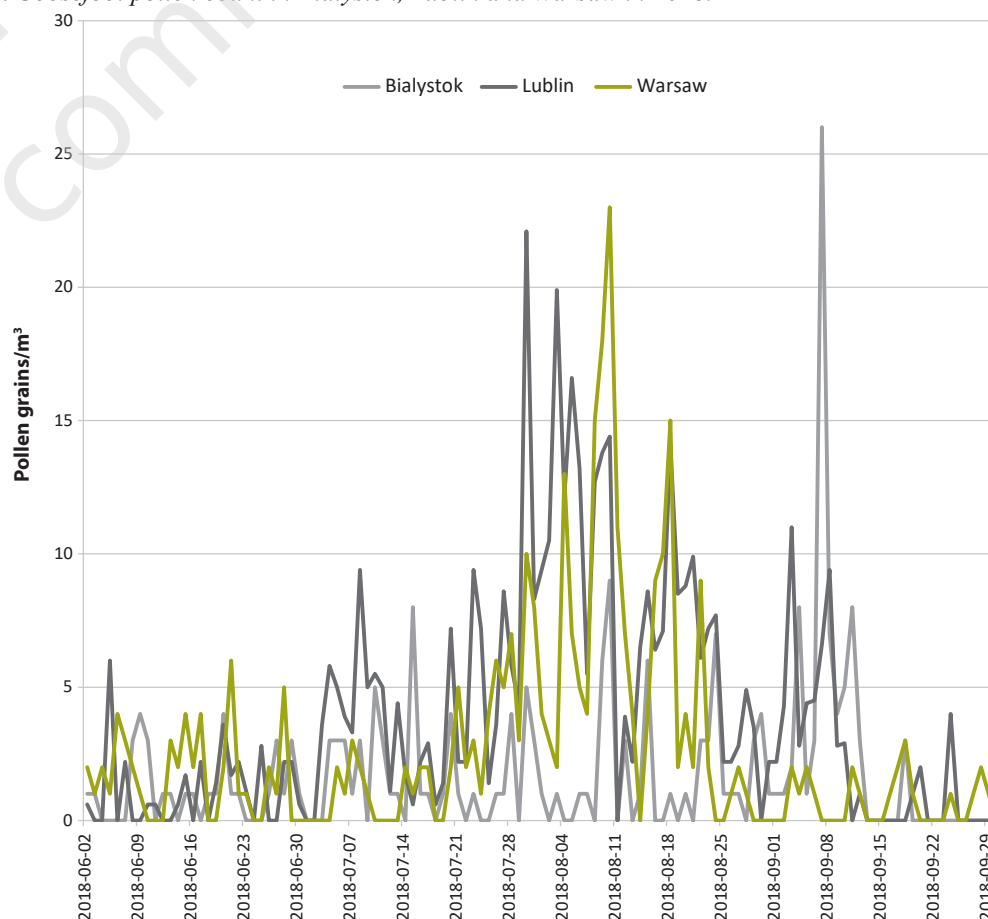
## Material and method

In 2018, the measurements of the pollen concentration in the study sites were performed with the volumetric method using Burkard and Lanzoni pollen samplers. Microscopic observations were performed on preparations obtained in a 7-day cycle with assessment of 24-hour periods. The date of maximum concentration of goosefoot pollen and the number of days during which concentration was above 10 and 20 P/m<sup>3</sup> were appointed. Because of the low concentration there was no beginning and ending of the pollen season using statistical methods. The course of the pollen concentrations in each city is shown in the graphs (figs 1–5).

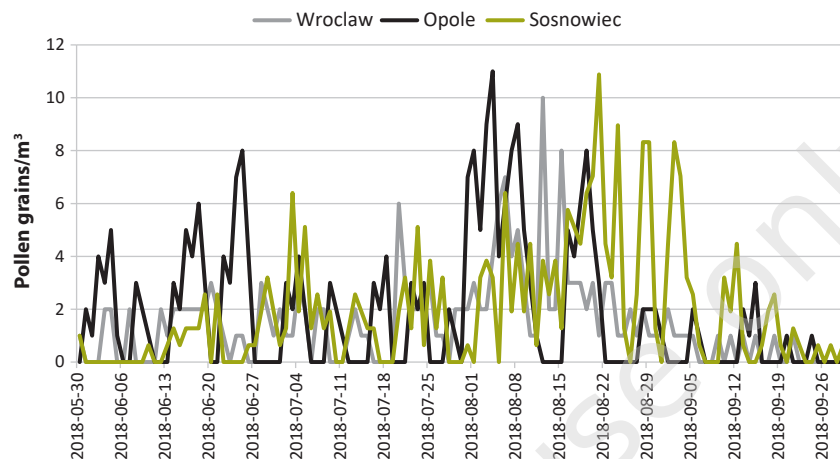
## The results

Goosefoot pollen in the air of selected cities in 2018 appeared between May 30<sup>th</sup> and June 5<sup>th</sup>. There

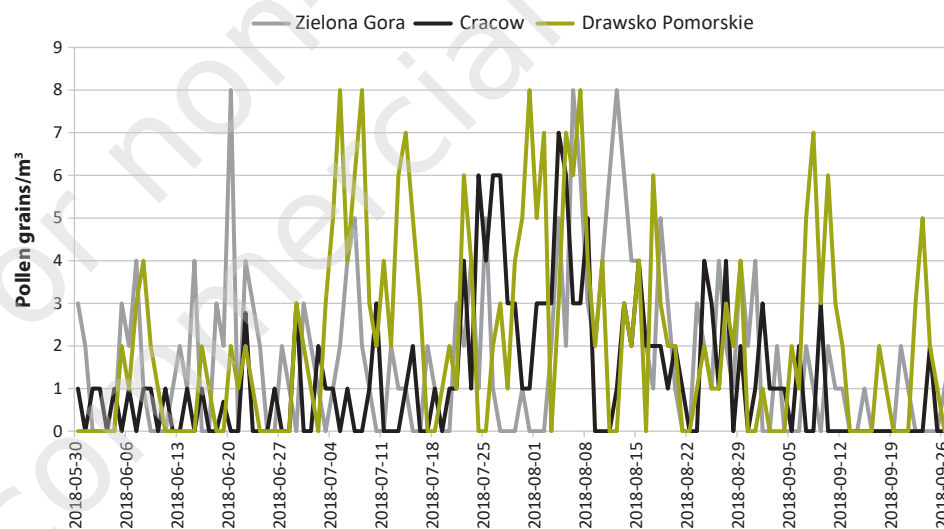
**Figure 1.** Goosefoot pollen count in Białystok, Lublin and Warsaw in 2018.



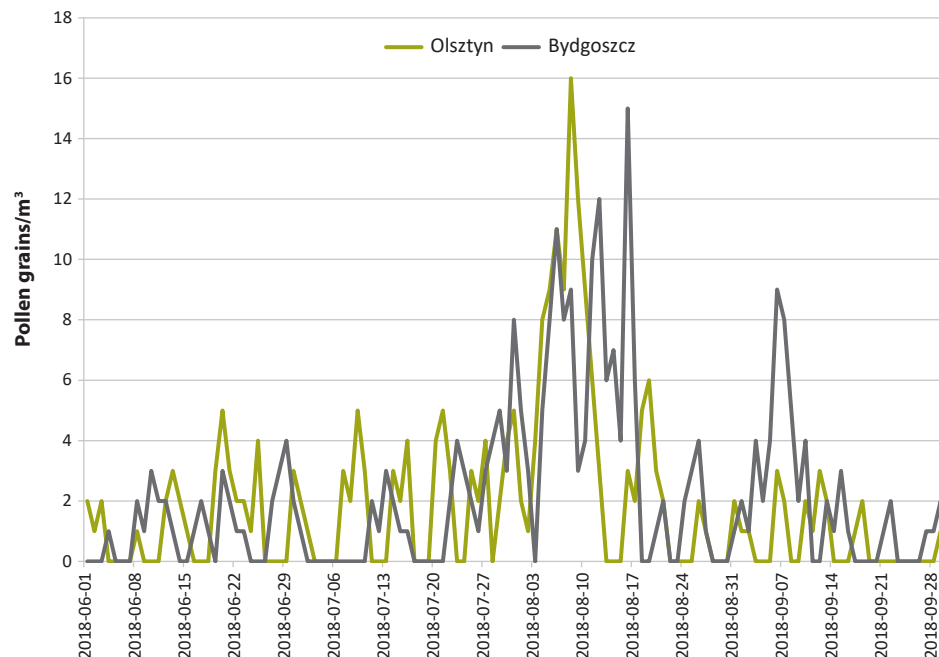
**Figure 2.** Goosefoot pollen count in Wrocław, Opole and Sosnowiec in 2018.



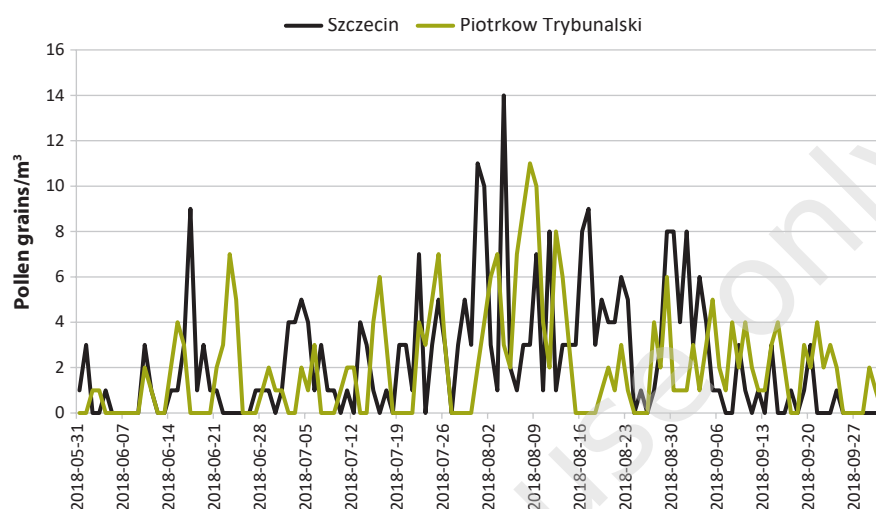
**Figure 3.** Goosefoot pollen count in Zielona Góra, Cracow and Drawsko Pomorskie in 2018.



**Figure 4.** Goosefoot pollen count in Olsztyn and Bydgoszcz in 2018.



**Figure 5.** Goosefoot pollen count in Szczecin and Piotrkow Trybunalski in 2018.



were 4 cities in which the pollen appeared the earliest – Cracow, Sosnowiec, Wrocław and Zielona Góra. The last city in which goosefoot pollen appeared was Drawsko

Pomorskie. In Białystok, Lublin, Piotrkow Trybunalski and Warsaw pollination begun simultaneously – June 2<sup>nd</sup>, although in Opole and Szczecin May 31<sup>st</sup> (tab. 1).

**Table 1.** Characteristics of goosefoot pollen season in 2018.

Site	Maximum pollen count (P/m <sup>3</sup> ) (date)	Seasonal Pollen Index SPI (total)	Days number above threshold 10 P/m <sup>3</sup>	Days number above threshold 20 P/m <sup>3</sup>
Białystok	26 7.09	214	1	1
Bydgoszcz	15 16.08	265	4	-
Cracow	7 4.08	149	-	-
Drawsko Pomorskie	8 5.07/8.07/31.07/7.08	261	-	-
Lublin	22 30.07	478	12	2
Olsztyn	16 8.08	229	3	-
Opole	11 4.08	233	1	-
Piotrkow Trybunalski	11 8.08	246	2	-
Sosnowiec	11 21.08	243	1	-
Szczecin	14 4.08	282	3	-
Warsaw	23 10.08	319	8	1
Wrocław	10 12.08	183	1	-
Zielona Góra	8 20.06/6.08/12.08	204	-	-

The last grains of goosefoot pollen were found between September 18<sup>th</sup> in Białystok and October 18<sup>th</sup> in Sosnowiec. Goosefoot pollen stays in the air for a very long time and it is included in the group of long-term pollen seasons with several maximum values [5]. In all of the studied cities in 2018 goosefoot pollen stayed in the air for more than 100 days. For the longest time – 142 days – in Sosnowiec. For the shortest period of time – 109 days – in Białystok.

Maximum concentration of goosefoot pollen in 2018 was varied, it fluctuated between 7 P/m<sup>3</sup> in Cracow and 26 P/m<sup>3</sup> in Białystok (tab. 1; figs 1, 3). Highest concentrations in given cities were noticed in August (between 4<sup>th</sup> and 21<sup>st</sup>). Only in Białystok the maximum daily concentration occurred at the beginning of September (fig. 1). In 2011 the maximum concentration occurred much earlier – even in the first decade of July [6]. In Drawsko Pomorskie and Zielona Góra there was no one maximum concentration (fig. 3). In those cities it was registered that the numbers were highest for 3–4 days (8 P/m<sup>3</sup>). Those days occurred between second decade of June and second decade of August (tab. 1).

Annual amounts of concentrations of goosefoot pollen in 2018 were proportional to the values of maximal concentrations. SPI index was the highest in Lublin (478 grains). In other cities SPI balanced between 149 grains in Cracow, 183 grains in Wrocław, 204 grains in Zielona Góra, 214 grains in Białystok and even more than 220 grains in Bydgoszcz, Drawsko Pomorskie, Olsztyn, Opole, Piotrków Trybunalski, Sosnowiec, Szczecin and Warsaw (319 grains) (tab. 1). In 2018 the annual amount in Bydgoszcz, Drawsko Pomorskie and Warsaw was almost two times lower and in Szczecin even three times lower than in 2011 [6]. However in Sosnowiec it was noticed that the annual amount was almost two times higher comparing to 2011.

The number of days with the concentration above 10 P/m<sup>3</sup> balanced between 1 (in Białystok, Opole, Sosnowiec and Wrocław) to 12 in Lublin. In three of the studied cities (Cracow, Drawsko Pomorskie, Zielona Góra) daily concentrations of goosefoot pollen in the whole pollen season were below 10 P/m<sup>3</sup>. The period of concentration above 20 P/m<sup>3</sup> was 2 days in Lublin and 1 day in Białystok and Warsaw.

Despite the fact that 2018 was relatively warm and dry (with a small amount of rainfall) the amount of goosefoot pollen in the air still got higher (both the maximum daily concentrations and the annual amount). Maximum concentrations noticed in 2018 were slightly low (in some cities even few times lower than in years

2011–2012) [6, 7], thereby, the exposure to goosefoot allergens was small. Therefore, the medical significance of goosefoot allergens in symptoms of allergic rhinitis is relatively small.

## Conclusions

Goosefoot pollen in 2018 in studied cities stayed in the air from the end of May until the third decade of September and first days of October.

The highest daily concentration (26 P/m<sup>3</sup>) was noticed in Białystok, although the lowest in Cracow (7 P/m<sup>3</sup>).

In the majority of measuring points the peak pollen season was in August.

The highest annual amount was found in Lublin (478 grains), the lowest in Cracow (149 grains).

In most of the studied cities the number of days during which concentration was above 10 P/m<sup>3</sup> was really low (did not exceeded 4 days); only in Lublin the number of days was 12 and in Warsaw 8.

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Ethics: The contents presented in this paper are compatible with the rules the Declaration of Helsinki, EU directives and standardized requirements for medical journals.

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